

## Population Health Placement Project Examples

In Population Health placements, students contribute to projects and service delivery to meet the following learning outcomes:

1. Assess food and nutrition needs of communities/populations and contribute to population health service delivery
2. Demonstrate effective communication skills
3. Contribute effectively to teamwork and collaborative practice
4. Demonstrate culturally safe and inclusive attitudes and behaviour
5. Demonstrate ethical attitudes and behaviour
6. Identify and comply with legislative, regulatory and organizational requirements
7. Engage in reflective practice to enhance personal practice and health systems

**Example Project Ideas** \*other projects may be assigned depending on the context and needs of the placement setting

Assess food and nutrition needs of communities/populations	Contribute to population health service delivery <i>* Aim for several small projects/activities to address each section, or 1-2 large projects that incorporate all skills</i>
<p><b>Plan and contribute to a needs assessment for a specific group, community or population, e.g.</b></p> <ul style="list-style-type: none"> <li>• Potential clients for a private practice</li> <li>• A population identified by the provincial government</li> <li>• Community group serviced by a public health unit</li> </ul> <p>Needs assessment projects should involve:</p> <ol style="list-style-type: none"> <li>1. Identifying relevant information to collect and how to collect it, e.g. survey, interview, document review</li> <li>2. Identifying stakeholders who should be consulted</li> <li>3. Collecting &amp; interpreting relevant information, such as:               <ul style="list-style-type: none"> <li>○ Food and nutrition surveillance data, e.g. cost of eating report, Canadian Community Health survey</li> <li>○ Health status data, e.g. self assessed health status, age at admission to long-term care, prevalence of conditions in a population</li> <li>○ Determinants of health and health equity data, e.g. reports on food insecurity, housing availability/costs, household income, education, mental health resources, racism experiences</li> <li>○ Food systems and dietary practices data, e.g. use of validated tools to assess food practices and/or nutritional risk; food asset mapping</li> </ul> </li> <li>4. Integrating needs assessment findings to identify assets and priority needs of the group/community/population</li> <li>5. Communicating needs assessment, e.g. presentation, written report, discussion with preceptor(s)/team</li> </ol>	<p><b>Contribute to development of a population health plan</b></p> <ul style="list-style-type: none"> <li>• Determine goals and objectives</li> <li>• Develop a plan to address identified needs, e.g. health fair, policy development, food security advocacy report, new service for private practice clients, nutrition resources for community group</li> <li>• Identify ways to evaluate effectiveness of the plan, e.g. surveys, interviews, website analytics, feedback from stakeholders</li> </ul> <p><b>Contribute to implementation of a population health plan</b></p> <ul style="list-style-type: none"> <li>• Presentations or cooking demonstrations, e.g. healthy eating for seniors</li> <li>• Attend event, e.g. nutrition activity at health fair</li> <li>• Resource development, e.g. recipes, website content, education module, poster</li> <li>• Participate in and contribute to meetings</li> <li>• Policy or report writing</li> </ul> <p><b>Contribute to monitoring and evaluation of a population health plan</b></p> <ul style="list-style-type: none"> <li>• Conduct an evaluation for a population health related activity; develop recommendations</li> <li>• Summarize results of an evaluation for an existing initiative and develop recommendations, e.g. urban agriculture pilot project</li> </ul>